



THE URBAN INSTITUTE FOR BEHAVIORAL HEALTH OF NEW YORK

ANNUAL REPORT

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UIBH ACTIVITIES JANUARY 2004– JUNE 2005

OPERATIONS

- UNDER THE LEADERSHIP OF DR. PETER CAMPANELLI AND DR. ROSA GIL, UIBH BEGAN PLANNING OPERATIONS IN FALL 2003 LEADING TO ITS FIRST BOARD MEETING IN JANUARY 2004.
- THE FIRST BOARD MEETING WAS HELD IN JANUARY 2004 WITH REPRESENTATION FROM NONPROFIT AND OVERSIGHT AGENCIES.
- IN MARCH 2004, UIBH DRAFTED MISSION AND VALUES STATEMENT, AND PURPOSES CLAUSE WHICH WAS APPROVED IN MAY 2004.
- SINCE ITS INCEPTION, UIBH HAS BECOME A FISCALLY VIABLE AND STRUCTURALLY SOUND ENTITY.
- THE FULL UIBH MEMBERSHIP COMPRISES THE BOARD. THIS GROUP MEETS ON A MONTHLY BASIS AND IS RESPONSIBLE FOR DRIVING THE CONCEPTUAL DIRECTION OF THE ORGANIZATION.
- AN EXECUTIVE STEERING COMMITTEE CONSISTING OF DR. PETER BEITCHMAN, Ms. DONNA COLONNA, DR. PETER CAMPANELLI, DR. PASQUALE DEPETRIS, AND DR. ROSA GIL MEETS MONTHLY AND IS RESPONSIBLE FOR OVERSIGHT OF UIBH OPERATIONS.
- THE URBAN INSTITUTE HAS BUILT COLLABORATIVE RELATIONSHIPS WITH THE NEW YORK STATE OFFICE OF MENTAL HEALTH, THE NEW YORK CITY DEPARTMENT OF HEALTH AND MENTAL HYGIENE, THE NEW YORK STATE OFFICE OF MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES, THE NEW YORK STATE OFFICE OF ALCOHOLISM AND SUBSTANCE ABUSE SERVICES, AND THE COALITION OF VOLUNTARY MENTAL HEALTH ORGANIZATIONS.
- THE URBAN INSTITUTE HAS FORMED A COLLABORATIVE RELATIONSHIP WITH THE STATE OFFICE OF MENTAL HEALTH AND THE NEW YORK CITY DEPARTMENT OF HEALTH AND MENTAL HYGIENE TO WIDELY DISSEMINATE WELLNESS SELF-MANAGEMENT THROUGH ITS MEMBER AGENCIES. SPECIAL INTEREST GROUPS IN THE AREAS OF MR/DD, MICA, CULTURAL COMPETENCE, AND CHILDREN'S ISSUES HAVE BEEN DEVELOPED AND ARE CHAIRED BY A MEMBER OF THE UIBH BOARD. MEETINGS ARE HELD REGULARLY TO ADDRESS SPECIFIC PROJECTS.
- UIBH BEGAN FORMAL OPERATIONS IN AUGUST 2004 WHEN IT



BEGAN TO COLLECT DUES. IN OCTOBER 2004 DR. ANDREW CLEEK WAS BROUGHT INTO THE ORGANIZATION AS ITS DIRECTOR.

FUNDING

- UIBH IS PRIMARILY FUNDED THROUGH DUES PAID BY ITS PRIVATE MEMBERSHIP. DUES IN FY 2004-2005 WERE COLLECTED FROM AGENCIES IN THE AMOUNT OF \$5000 AND IN FY 2005-2006 INDIVIDUAL AGENCY DUES WILL BE REDUCED TO \$4000.
- SINCE ITS INCEPTION, THE URBAN INSTITUTE HAS APPLIED FOR AND IS AGGRESSIVELY PURSUING SEVERAL FOUNDATION AND GOVERNMENT GRANT OPPORTUNITIES. IT HAS RECEIVED INITIAL SUPPORT IN THE AMOUNT OF \$15,000 FROM THE UNITED WAY OF NEW YORK CITY.
- UIBH IS ACTIVELY PURSUING SEVERAL GRANT OPPORTUNITIES TO INCREASE ITS OPERATING CAPACITY AND FURTHER SOLIDIFY ITS FISCAL VIABILITY.

WELLNESS SELF-MANAGEMENT (WSM) PROJECT

- REPRESENTATIVES OF THE WSM PARTNERSHIP HAVE ESTABLISHED A WORKING GROUP, DEVELOPED A DISSEMINATION MODEL, CONSTRUCTED A TRAINING MODEL, AND OUTLINED STEPS TO DEVELOP WSM MANUALS FOR CONSUMERS AND CLINICIANS.
- THE WSM GROUP IS WORKING WITH THE CULTURAL COMPETENCE SPECIAL INTEREST GROUP TO INTEGRATE CULTURALLY COMPETENT PRACTICE THROUGHOUT THE TREATMENT CURRICULUM. ADDITIONALLY, BOTH GROUPS ARE ESTABLISHING A SEPARATE CURRICULUM ON CULTURAL COMPETENCE INTO THE WSM TRAINING FOR AGENCY STAFF.
- IT IS ANTICIPATED THAT TRAINING OF AGENCY LEADERSHIP TRAINING WILL BEGIN IN FALL, 2005 AND THE ROLL-OUT OF THE TREATMENT MODEL IS SCHEDULED TO BEGIN IN SPRING, 2006.
- THE WSM PARTNERSHIP HAS IDENTIFIED RESEARCH PARTNERS IN THE AREAS OF CULTURAL COMPETENCE AND SERVICES RESEARCH.

SPECIAL INTEREST GROUPS (SIGS)

- THE MR/DD CO-OCCURRING DISORDERS SIG, CHAIRED BY MS. DONNA COLONNA OF SERVICES FOR THE UNDERSERVED, HAS ESTABLISHED A REGULAR WORKING GROUP CONSISTING OF 4 AGENCY PARTNERS AND IS DEVELOPING A PROGRAM MODEL FOR THE TREATMENT OF CONSUMERS WITH CO-OCCURRING MENTAL RETARDATION/ DEVELOPMENTAL DISABILITIES AND MENTAL HEALTH DIAGNOSES. THE GROUP HAS ESTABLISHED AN ONGOING DIALOGUE WITH REPRESENTATIVES FROM OMRDD, DOHMH, AND OMH REGARDING THE DEVELOPMENT OF THIS PROGRAM MODEL.
- THE CULTURAL COMPETENCE SIG, CHAIRED BY DR. ROSA GIL OF COMUNILIFE, AND MS. MARIA ELENA GIRONE OF THE PUERTO RICAN FAMILY INSTITUTE, HAS ESTABLISHED A REGULAR WORKING GROUP CONSISTING OF 7 AGENCY PARTNERS, DOHMH, AND OMH. THIS GROUP IS WORKING WITH THE WSM WORKING GROUP TO DEVELOP A REPLICABLE MODEL OF CULTURALLY COMPETENT TRAINING AND PRACTICE. THE GROUP IS ALSO ADDRESSING THE ISSUE OF CULTURALLY COMPETENT ENGAGEMENT.
- THE MICA SPECIAL INTEREST GROUP, CHAIRED BY MS. AMY DORIN OF F.E.G.S., HAS ESTABLISHED A REGULAR WORKING GROUP CONSISTING OF 5 AGENCIES, OASAS, AND DOHMH. THE GROUP IS EXPLORING THE ISSUE OF ENGAGEMENT AND HAS BEGUN AN INITIAL DIALOGUE WITH SEVERAL RESEARCHERS FROM THE NATHAN KLINE INSTITUTE (NKI). THE GROUP IS COMPLETING A SERVICE MATRIX IN ORDER TO GET AN ACCURATE ASSESSMENT OF SERVICES AVAILABLE FOR MICA CONSUMERS IN MICA DESIGNATED AND NON-MICA DESIGNATED PROGRAMS THROUGHOUT UIBH MEMBER AGENCIES. AFTER THE MATRIX IS PILOTTED THE FULL GROUP WILL MEET WITH REPRESENTATIVES FROM NKI TO DEVELOP A RESEARCH AGENDA.
- THE CHILDREN'S SPECIAL INTEREST GROUP IS CHAIRED BY MS. STELLA PAPPAS OF THE INSTITUTE FOR COMMUNITY LIVING, AND CONSISTS OF 7 PARTICIPATING AGENCIES. THE GROUP IS WORKING TO IDENTIFY AND DISSEMINATE AN EVIDENCE BASED MODEL FOR THE TREATMENT OF CHILDREN WITH DISRUPTIVE BEHAVIOR DISORDERS. PRESENTLY THE GROUP IS EXAMINING SEVERAL MODELS TO DETERMINE WHICH ONE WOULD BE MOST APPROPRIATE FOR UIBH MEMBER AGENCIES. ONCE A MODEL HAS BEEN CHOSEN, THE GROUP WILL DEVELOP A DISSEMINATION PLAN AND RECRUIT A



SERVICES RESEARCHER TO ASSIST IN EVALUATING THE EFFECTIVENESS OF THIS MODEL.

MEMBERSHIP

- SINCE ITS INITIAL FORMATION THE POSTGRADUATE CENTER FOR MENTAL HEALTH HAS JOINED THE URBAN INSTITUTE AND THREE AGENCIES HAVE WITHDRAWN FROM MEMBERSHIP. UIBH IS ACTIVELY SEEKING ADDITIONAL MEMBERS AT THIS TIME. (SEE APPENDIX A FOR A COMPLETE LIST OF UIBH MEMBERS)

OUTREACH & DISSEMINATION OF UIBH ACTIVITIES

- THE URBAN INSTITUTE HAS ESTABLISHED CONNECTIONS AT THE LOCAL, STATE, AND NATIONAL LEVEL THROUGH PRESENTATIONS AT NATIONAL CONFERENCES INCLUDING THE AMERICAN COLLEGE OF MENTAL HEALTH ADMINISTRATORS 2005 SANTE FE SUMMIT AND THE SAMHSA SPONSORED 2005 JOINT NATIONAL CONFERENCE ON MENTAL HEALTH BLOCK GRANT AND MENTAL HEALTH STATISTICS.
- UIBH HAS REACHED OUT TO THE ACADEMIC COMMUNITY TO FORM PARTNERSHIPS WITH RESEARCHERS ON PROJECTS OF MUTUAL INTEREST.

FY 2005-2006 UIBH GOALS

OPERATIONS

1. CREATE AND FILL THE POSITION OF FULL TIME EXECUTIVE ASSISTANT & RESEARCHER TO ASSIST WITH DAY-TO-DAY UIBH OPERATIONS. THIS STAFF PERSON'S RESPONSIBILITIES WILL INCLUDE ADMINISTRATIVE SUPPORT FOR ALL UIBH OPERATIONS AND ASSIGNED RESEARCH ACTIVITIES FOR INDIVIDUAL UIBH PROJECTS.
2. CONTINUE TO BUILD A SUSTAINABLE UIBH INFRASTRUCTURE THAT WILL ALLOW THE ORGANIZATION TO ENHANCE AND EXPAND UPON ITS ACTIVITIES.

FUNDING

1. TO OBTAIN AT LEAST \$40,000 IN ADDITIONAL GRANT FUNDING IN ORDER FOR UIBH TO EXPAND ITS OPERATIONS AND FURTHER SOLIDIFY ITS FISCAL VIABILITY.
2. UIBH WILL APPLY FOR AT LEAST ONE GOVERNMENT FUNDED GRANT IN FISCAL YEAR 2005-2006.
3. UIBH WILL APPLY FOR AT LEAST THREE FOUNDATION FUNDED GRANTS IN FISCAL YEAR 2005-2006.
3. COLLECT DUES PAYMENTS FROM ALL UIBH MEMBERS IN FISCAL YEAR 2005-2006.
4. UIBH WILL ACTIVELY SEEK THE RENEWAL OF ITS UNITED WAY GRANT.

WELLNESS SELF-MANAGEMENT INITIATIVE

1. RECRUIT AT LEAST 10 UIBH MEMBERS TO PARTICIPATE IN THE WSM INITIATIVE.
2. DEVELOP A TRAINING MODEL WITH MODULES THAT ADDRESS WSM, CULTURAL COMPETENCE, AND OTHER NECESSARY CLINICAL SKILLS.
4. DETERMINE THE OUTCOMES TO BE MEASURED BY THE PROJECT.

5. DEVELOP A DATA COLLECTION SYSTEM FOR WSM OUTCOME MEASUREMENT.
6. BEGIN IMPLEMENTATION OF WSM IN UIBH MEMBER AGENCIES.
7. BEGIN COLLECTING WSM OUTCOME DATA.

SPECIAL INTEREST GROUPS (SIG'S)

1. EACH SPECIAL INTEREST GROUP WILL ESTABLISH A SET OF GOALS FOR ITS OPERATIONS.
2. EACH CURRENT SIG WILL DEVELOP A "PRODUCT," BY THE END OF FISCAL YEAR 2005-2006 (A CONCEPT PAPER, THE COMPLETION OF A PROGRAM MODEL, OR RESEARCH PROJECT).
3. UIBH WILL CONVENE A SIG TO ADDRESS BEST PRACTICES IN HOUSING.
4. THE UIBH GENERAL MEMBERSHIP WILL DETERMINE IF ADDITIONAL SIG'S SHOULD BE FORMED TO ADDRESS OTHER NEEDS WITHIN THE BEHAVIORAL HEALTH SYSTEM.

MEMBERSHIP

1. UIBH WILL EXPAND ITS MEMBERSHIP TO INCLUDE AT LEAST 20 AGENCIES.
2. UIBH WILL CONDUCT A MEMBERSHIP CAMPAIGN SPECIFICALLY TARGETING MENTAL HEALTH, MR/DD, AND SUBSTANCE ABUSE AGENCIES.

OUTREACH & DISSEMINATION OF UIBH ACTIVITIES

1. UIBH WILL WORK WITH ITS PRIVATE AND GOVERNMENT PARTNERS TO DISSEMINATE THE RESULTS OF ITS ACTIVITIES IN APPROPRIATE FORUMS.
2. UIBH WILL REACH OUT TO LOCAL AND NATIONAL ORGANIZATIONS AND WILL COLLABORATE ON AREAS OF MUTUAL INTEREST.
3. UIBH WILL REACH OUT TO LOCAL ACADEMIC INSTITUTIONS AND BUILD COLLABORATIVE RELATIONSHIPS.



MEMBER AGENCIES
Association for the Advancement of Blind and Retarded, Inc.
The Bridge, Inc.
Comunilife, Inc. (formerly H.I.R.E.)
F.E.G.S.
Hamilton Madison House
Independent Living Association, Inc.
The Institute for Community Living, Inc.
The Jewish Board of Family and Children's Services
Jewish Child Care Association
Northside Center for Child Development
Postgraduate Center for Mental Health
Puerto Rican Family Institute
Riverdale Mental Health Association, Inc.
St. Christopher-Otilie
Staten Island Mental Health Society Inc.
Steinway Child and Family Services, Inc.
Services for the Underserved
<i>"NONMEMBER" PARTICIPANTS AT EACH MEETING</i>
The New York State Office of Mental Health
The New York State Office of Mental Retardation and Developmental Disabilities
New York City Department of Health and Mental Hygiene
The New York State Office of Alcoholism and Substance Abuse Services
Coalition of Voluntary Mental Health Agencies